

## NORTHEASTERN OKLAHOMA YOUTH FOOTBALL ASSOCIATION

### RULES AND REGULATIONS

#### GAME TIMES

1. If a flag football game precedes the scheduled games, it will start at 3:00pm. If only a 3<sup>rd</sup> grade tackle football game precedes the scheduled games, it will start at 4:00pm. The official starting time for the 4<sup>th</sup> grade game is 5:00pm, followed by the 5<sup>th</sup> grade game approximately at 6:30 and with the 6<sup>th</sup> grade approximately at 8:00pm. **IF A FLAG OR 3<sup>RD</sup> GRADE GAME ENDS AHEAD OF SCHEDULE, THE 4<sup>TH</sup> GRADE GAME WILL NOT START BEFORE 5:00PM. NO EXCEPTIONS!!!** Officials will call for captains and teams must be ready to kick off right at 5:00pm.
2. Halftime for all grade levels will be no longer than **eight minutes** long. Both teams must be out on the field before the time is up. Cheerleaders are allowed to perform during half time as long as it does not delay the game.
3. **Flag and 3<sup>rd</sup> grade tackle** will play four (4) **six (6) minute quarters** per game and 4<sup>th</sup> thru 6<sup>th</sup> grades will play four(4) **eight (8) minute quarters** per game.
4. Player weigh-in times are as follows:
  - 3<sup>rd</sup> grade - during half time of the flag game;
  - 4<sup>th</sup> grade - during half time of the 3<sup>rd</sup> grade game;
  - 5<sup>th</sup> grade - during half time of the 4<sup>th</sup> grade game;
  - 6<sup>th</sup> grade - during half time of the 5<sup>th</sup> grade game.

If there are no flag games, 3<sup>rd</sup> grade will weigh in 20 minutes prior to the start of the game. If there are no flag or 3<sup>rd</sup> grade games, the 4<sup>th</sup> grade will weigh in 20 minutes prior to the start of the game. Any player arriving late will automatically be considered a striper.

5. Players with stripes may kick off, but are not allowed to punt. A striped player cannot run the ball. As soon as a striped player has possession of the ball, the play is dead and the ball is downed at the point of possession. **A striped player is considered an ineligible receiver on offense and can only be used as a blocker.**

#### COACHES

1. There are only **four (4) coaches** allowed on the side lines during each game. It is the responsibility of each coordinator to enforce this rule.
2. If a team has more than four (4) coaches on the side line, the coordinator from the opposing team will give the other coordinator and head coach **one (1) warning**. If the coaches still remain on the side line, the team will be subjected to forfeit the game. **NO EXCEPTIONS!!!**

5. Officials have the final ruling on any given matter during a football game. It is at their discretion to hold or call a game due to unfavorable weather conditions.
6. The **Head Official** must wear a **white hat**. *BOLD HIGHLIGHT!*
7. The **referee coordinator** will hold a meeting with all referees to go over any special rules, etc. Any referees saying they have not been told by the coordinator needs to bring it to the league presidents attention.

## SECTION 12: CLOCK

1. **Home towns** are responsible for assigning adults to operate the clock, field chains and provide a person to announce the game. Responsible high school students may be used for field chains as long as no problems arise. Coaches that run the chains **cannot** coach from the side lines. If this happens, the head coach will be asked to get a new chain gang.
2. **IMPROPER CLOCK OPERATIONS WILL NOT BE TOLERATED.** If this problem arises, the time will be kept by the officials on the field.
3. The **mercy rule** will be used when a **team is behind 30 or more points**. The **clock will run continually, except for team or injury time-outs**. The mercy rule will stay in affect until the team behind pulls within 14 points or the game ends.

## SECTION 13: EQUIPMENT & SAFETY

1. The official football size for all grades will be **K2 balls**. If it doesn't say K2, it will not be used in a game.
2. Padded goal posts and safety stickers on helmets are for the protection and the safety of the players. If for any reason these requirements are not fulfilled, the game will not be played.
3. **NO JEWELRY ALLOWED!** If the player is asked to remove the jewelry and he refuses, the coach will be issued a flag for un-sportsman like conduct. This could also result in the ejection of the player. **Medical necklaces & bracelets can be worn but must be taped down. Bracelets must then be covered by a wristband.**
4. Game towels can be no bigger than 18x36 and white. No writing allowed!
5. Players must have full mouth pieces. They must cover the entire mouth. They cannot be cut down.

5. If a coach and/or coaches, player and/or players of a team participates in a game in any manner while being ineligible, the coach of that team will be fined **\$1000.00** and the team will be penalized a game. If a coach willingly plays an ineligible player, the coach will lose their rights to coach for the NEOYFA.
6. The league secretary will send official notices to the town coordinators involved informing them of any suspended coaches or players from any games. Both coaches are required to show these notices to the officials prior to the start of the game.
7. If a coach is ejected twice during the season, they will no longer be able to coach for the NEOYFA.